

Communion Meditation – Jonah

Jonah 2 (read 1.17 through 2.10)

“God Delivers Jonah”

June 2nd, 2013

Recap

- God commanded Jonah to go to Nineveh / About 500 miles to the northeast
- Instead Jonah tried to run away / At least 1,000 miles to the west
- God sent a supernatural storm / Sailors throw Jonah into the sea
- Only God knew that Jonah would not die / God preserved Jonah via the fish

v17b ~ “Jonah was in the belly of the fish three days and three nights”

- God had preserved Jonah’s life / But He had not yet saved him
- Salvation did come ~ but only after a horrific three day ordeal
- !!!: Bible story depictions ~ Noah’s ark & Jonah in family room with light & Bible

Jonah Recognized the Peril He Was In

- v2 ~ “affliction”, “out of the belly of Sheol”
- v3 ~ “into the deep”, “floods surrounded me”
- v5 ~ “waters surrounded me”, “deep closed around me”
- v6 ~ “earth .. closed behind me forever”, “from the pit”
- He had not yet been “saved” / He was not yet “safe”

Jonah Acknowledged Only God Could Save Him

- v1 ~ “Then Jonah prayed .. from the fish’s belly”
- Jonah humbly prayed / but only after 3 days . . .
 - He had to have been incredibly uncomfortable
 - v5 ~ “Weeds were wrapped around my head”
 - v6 ~ “went down to the moorings of the mountains”
 - How did he endure pressure? .. get enough oxygen? .. in total darkness
- Jonah reminds us of many other Bible characters ~ ending like Nebuchadnezzar

God preserved Jonah’s life / but in a dark, damp, smelly dungeon of a fish . . .

It was not God that held him there / It was his own pride / For 3 long days & nights

Jonah was blessed greatly by this / God put him in a head lock / Jonah tapped out

Are you prideful? Are you withholding yourself from God . . fighting against Him?

Humble yourself before God’s might / Embrace His forgiveness / Serve Him gladly